

Analysis of Civics Subjects in Preventing Cyberbullying Behavior Due to Moral Decadence in the Digital Age

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Abstract

This study aims to find out the role of Pancasila and Citizenship Education (PPKn) taught by Pancasila and Citizenship Education Teachers at SMK Negeri 1 Majalaya in overcoming the phenomenon of cyberbullying. This research uses descriptive qualitative method. The informants consisted of 35 students and 2 Pancasila and Citizenship Education Teachers from SMK Negeri 1 Majalaya. This study uses structuration theory from Anthony Giddens which states that globalization has changed most of the ways of human life which have certain consequences, including the moral degradation of students as a result of advances in information and communication technology, namely the phenomenon of cyberbullying. The data analysis technique used is Data Tabulation, Data Description and Analysis. The results of this study indicate that there are still many students at SMKN 1 Majalaya who experience cyberbullying both through social media and online games. As well as Pancasila and Citizenship Education Teachers at SMKN 1 Majalaya have been aware of this cyberbullying phenomenon and are trying to teach and instill Pancasila values to their students to be able to provide prevention of cyberbullying by making students at SMKN 1 Majalaya wiser in using the internet, bearing in mind that Pancasila Education and Citizenship is also very important in the formation of a nation and character building that forms citizens who are able to think critically and act responsibly.

Keywords: Cyberbullying, The Role of Civics, Moral Decadence in the Digital Age



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INTRODUCTION

Cyberbullying is a form of moral decadence that occurs when science and technology develop. At present people are less social with their environment, western culture that enters is more easily accepted and has even adapted to the younger generation. This results in a person's moral or moral decline which is commonly referred to as moral decadence (Erviana, 2021). Cyberbullying has serious effects on its victims. The psychological impact experienced by victims of cyberbullying includes loss of focus on learning which results in decreased achievement at school, feelings of shame, anger, loss of self-confidence and feelings of resentment. Some victims even take revenge by committing violence and doing the same thing to cyberbullying perpetrators (Hana & Suwanti, 2020).

Along with the development of science and technology, a new phenomenon called cyberbullying emerged. Bullying is an act that hurts another person, carried out by a person or group of people which causes other people to feel uneasy and suffer (Arifin et al., 2021). Cyberbullying is an activity that is carried out intentionally, is harmful and detrimental to other people, which is carried out repeatedly through technology or social media (Budiarti, 2016). As

many as 45% of 2,777 Indonesian youth aged 14-24 years experienced cyberbullying (Jatimnow, 2022). During the 2016-2020 period, KPAI recorded 361 children who were reported to have been victims of cyberbullying (Katadata Media Network, 2022). Cyberbullying behavior through technology or social media will have a negative impact on victims such as shame, loss of identity, defamation, and so on.

Seeing this in the world of education, of course the learning process, materials, and educators have an important role in efforts to prevent cyberbullying behavior, especially among the nation's young generation. Education does not only aim to produce students who are smart and capable from an academic point of view, but also when they become members of a community students have good morals and are beneficial to their environment (Febrianti & Dewi, 2021). The decline in student morale needs to be a special view, especially for Pancasila and Citizenship Education teaching staff. Efforts to educate morals are an inseparable part of the Pancasila and Citizenship Education subjects, these subjects themselves are also basic subjects that are required in elementary, middle, and tertiary schools (Pratiwi & Trisiana, 2021). Several previous studies regarding cyberbullying have been carried out. As research conducted by Sitinjak & Hurriyati (2022) in their journal concluded that high-level students are very likely to be involved in cyberbullying. The majority of cyberbullying cases involving students include sending threatening, intimidating, harassing text messages, posting embarrassing pictures and so on.

Subsequent research is research conducted by Adawiyah (2019) which is a systematic review study using a qualitative approach research method. From the results of the literature review, the researcher stated that the factors that influence cyberbullying are internal and external factors. Internal factors such as gender, age, and so on. While the external factors are peers, school climate, and others. Furthermore, research that has been carried out by Herdiyanto, Sugiyo & Jafar (2020) obtained data that most victims were afraid to report to the Counseling Guidance teacher due to threats from the perpetrators. Further research was conducted by Hakim (2020). Based on this research, it was found that there was an increase in knowledge about cyberbullying from a criminal law perspective. Research on the effectiveness of learning Pancasila and Citizenship Education in preventing cyberbullying due to moral decadence in the digital era is a good step considering that the formation of citizen character is part of an important component in Pancasila and Citizenship Education. Of course there is a lot of hope given to the next generations of the nation to advance this country. Therefore, it is necessary to have an effort to prevent moral decadence which is applied in learning Pancasila Citizenship Education at every level of education.

Based on this, the general objective of this research is to determine the effectiveness of learning Pancasila and Citizenship Education in preventing cyberbullying due to moral decadence in the digital era. The specific purpose of this research is to find out the cyberbullying behavior that occurs in schools, to find out the causes of its occurrence, how the effects of cyberbullying are on victims, and to find out the effectiveness of learning Pancasila Education, in preventing and the occurrence of cyberbullying in schools.

RESEARCH METHODS

The research method used is descriptive qualitative. The main data was obtained from online interviews with student participants as well as supporting data, namely through direct interviews with PPKn teachers at SMK Negeri 1 Majalaya. There are specific criteria for the participants we examined, namely students of SMK Negeri 1 Majalaya. The research took place during March 2023. The total participants we interviewed were 37 people consisting of 35 grade 11 students and 2 Civics subject teachers. Participant names are pseudonymous to maintain participant confidentiality and privacy.

The data obtained is then processed in several stages as follows:

1. Data tabulation. The answers given by the participants were studied first. Then the answers are divided into groups of answers in this study called the answer categories. The categorization of answers is based on the criteria of the similarity of the ideas of the participants' answers.
2. Data Description and Analysis. The data that has been sorted into answer categories is then described and analyzed to find out and explain the meaning based on the answers from the participants.
3. Discussion. The last stage is the process of discussing the results of the tabulation, description, and data analysis of the participants' answers. The discussion is carried out thoroughly, meaning that it no longer mentions the previous sections. In other words, the discussion is carried out comprehensively.

Research Sample

The research was conducted at SMK Negeri 1 Majalaya using a sample of 35 students as participants with an average age of 16-18 years. There were 15 male students and 20 female students who were involved in the research. Some of the students have a history of cyberbullying that is almost the same, that is, seen from the type of cyberbullying treatment they get, from the research results it is known that students experience cyberbullying on social media and online games.

Interview

The main interviews delivered to the participants totaled 4 categories of sub-discussions of the essay type which required comprehensive answers and reasons from the participants. The 4 sub categories of discussion present the impact of cyberbullying treatment, whether PPKn is considered important and can help prevent cyberbullying behavior, solutions or policies that can be implemented in order to prevent cyberbullying and how to implement PPKn values to prevent cyberbullying. In each question, it is ensured that there is no direction to students not to be based on reality. Every decision submitted by students in the answer sheet is the result of the decision they made. Interviews were conducted with each student to obtain information about the cyberbullying behavior they had experienced. Based on the results of the questionnaire, the following data was obtained:

Table 1.

Classification Table	L (Male)	P (Female)	Total
Those Who Have Experienced Cyberbullying	8 peoples	13 peoples	21 peoples
Who Have Never Experienced Cyberbullying	7 peoples	7 peoples	14 peoples
Cyberbullying from Social Media	4 peoples	8 peoples	12 peoples
Cyberbullying from Games	4 peoples	5 peoples	9 peoples

Of all the participants' answers, more of them answered that they had experienced cyberbullying on social media and fewer answered that they had never experienced cyberbullying on social media or online games. Supporting interviews were conducted with 2 teachers via the zoom application to obtain supporting information about how important PPKn is in preventing cyberbullying among students at SMK Negeri 1 Majalaya. Based on the interview results, it was found that the role of PPKn is very important in preventing cyberbullying at the youth level of SMK because PPKn can provide knowledge and warnings for students not to do cyberbullying, such as material on implementing Pancasila values, human rights violations, denial of basic obligations, diversity, and regarding judicial legal system.

Analysis

All questions in the interview were conducted in Indonesian to make it easier for participants and resource persons to analyze the questions and answer them straightforwardly. The answers from the participants were mapped onto an excel sheet to make it easier for researchers to analyze the answers from the participants.

RESEARCH RESULTS AND DISCUSSION

Research Result

The unanimous 20 participants said they had experienced cyberbullying on social media and online games, 8 male participants said they had experienced cyberbullying on social media and online games and 13 female participants also admitted they had experienced cyberbullying on social media and online games. The average female participant has experienced cyberbullying on social media. Yes, I have experienced categories not too often in the form of hurtful words in my Instagram comments column. Jasmine. The average male participant had experienced cyberbullying in online games. I have experienced cyberbullying in the category often in the form of being blasphemed when I am still a noob. William. This happens as a result of technological advances in the digital era which are so rapid and underage students tend to imitate others in social media and fall into bad actions, namely cyberbullying followed by those who are not aware of the legal risks that will ensnare them. Internet use with high intensity also contributes to the occurrence of cyberbullying because students certainly spend more time accessing cyberspace which is a habit for high school/vocational school students besides studying. As for other participants, namely, in the form of swearing about my physique. Rose: When playing social media, of course we will definitely encounter a lot of inappropriate comments about everything we post, but we cannot prevent other people from commenting on our social media pages, without us realizing that swearing can have a bad impact on the victim's psychology and can attack someone's good name, the result of this action is that the victim becomes ashamed, loses dignity and even loses his self-esteem.

In my opinion, the cause of cyberbullying cannot be separated from developments in science and technology that are misused and the use of science and technology that is not responsible, besides that there is a lack of tolerance in individuals. Miss Diana. This shows that technological progress is like a double-edged knife, that is, it does not only bring positive impacts but also negative impacts. The lack of tolerance and awareness of each individual internet user also contributes to cyberbullying. This indicates that there should be outreach, teaching and supervision regarding the wise use of the internet.

Impact of Cyberbullying Treatment

19 out of 20 participants admitted that they experienced disadvantages from the cyberbullying behavior they experienced, this loss had an impact on the psyche of the victims, namely easy depression, irritability, anxiety, anxiety, and even worse, they could commit self-harm and attempt suicide. The treatment of cyberbullying has a detrimental effect because some people who are victims of cyberbullying tend to be introverted and afraid when they want to post something, their mental and psychological state is very disturbed, especially if they have received many malicious comments that lead to death threats. Flower.

The social impact of cyberbullying can also cause the person experiencing cyberbullying to withdraw and lose trust in friends and family. The impact of cyberbullying according to PPKn teacher participant at SMK 1 Majalaya, namely Mrs. Ajeng, said that apart from having an impact on the victim, it also had an impact on the victim's family. And for the victim's family, of course they will feel the loss of the original nature of the victim caused by the victim's personality

which tends to be quiet. Miss Ajeng. The impact of cyberbullying on victims includes psychological and mental disturbances for the victim, such as the personality of the victim who used to be cheerful, it is likely that he will tend to be quiet and tend to close or withdraw from the outside world, as well as loss of self-confidence.

Almost every day I see when I open social media and read some comments. Orchid. Such cyberbullying behavior can have negative effects on recipients such as lack of confidence. if it is carried out with high intensity, it is feared that the victim will experience depression due to the behavior he has received. I don't know if this is called detrimental or not, but what is clear is that the cyberbullying that my friend has experienced is enough to make me wary and afraid to post my own photos, and it's not just me who feels like that but the people around him also feel this way. Rose. Cyberbullying behavior has social impacts on victims such as loss of confidence and withdrawal from social media. In more advanced cases, cyberbullying victims also often experience physical and mental health. Cyberbullying is a very serious problem because it can affect the mental health of the victim. Cyberbullying is a serious problem because it can affect the mental health of the victim. Forms of cyberbullying can be in the form of comments on social media pages or inappropriate content directed at victims with the intention of harassing. Victims of cyberbullying can experience mental disorders, namely depression, stress, excessive anxiety.

Is PPKn considered important and can help prevent cyberbullying behavior?

Strengthening and practicing Pancasila values in the daily life of a student is very important considering that currently many teenagers are experiencing a moral decline and are starting to lose their identity, forgetting that they will determine the future of the nation. In addition, the learning process of Pancasila and Citizenship Education currently has a goal that focuses on forming the role of citizens who can develop positively and democratically, who can form a social order that is trusted by their country.

Pancasila and the 1945 Constitution of the Republic of Indonesia. Very helpful, sometimes teenagers today don't know ethics towards other people and how to maintain ethics themselves. Orchid. Pancasila and Citizenship Education (PPKn) is considered important because it provides an understanding of the rights and obligations of citizens as well as the values prevailing in society. However, PPKn itself cannot directly prevent cyberbullying, because this behavior also depends on the person and the surrounding environment. Based on the average participant answers, it was revealed that Civics courses taught at the Vocational High School level have an important role, namely to increase student morale and prevent bad actions including cyberbullying.

Solutions and policies that can be implemented in order to prevent cyberbullying

According to the PPKn teacher at SMK Negeri 1 Majalaya, namely Mrs. Diana, the solution that can be taken in order to prevent cyberbullying is repressive and preventive methods. To overcome cyberbullying, repressive and preventive methods can be used. Miss Diane. Repressive or preventive methods are solutions or policies that can be implemented, by way of teaching in class when educators provide video shows or sample images of cyberbullying, what are the impacts and how to avoid cyberbullying behavior. Apart from being repressive, the solution that can be given is to carry out campaigns on social media such as distributing posters, short comics that contain the meaning, impact, sanctions of cyberbullying, and others. And campaigns can also be carried out through the real world, such as placing banners regarding cyberbullying and can also be carried out through seminars. As for prevention, law enforcement officers must enforce more regarding sanctions against cyberbullying perpetrators.

The 2nd precept in Pancasila is Just and Civilized Humanity. This precept emphasizes the importance of respecting human dignity, upholding justice, and applying politeness in interacting with others. Learn more about what the second precept is. Michel. To prevent cyberbullying, you can apply the values contained in the 2nd principle of Pancasila. In this case, values such as respecting human dignity, upholding justice, applying decency, and respecting differences can form better student character. This will help students interact positively with others and avoid cyberbullying behavior. Developing a positive digital media/friend culture, aligning media discipline without demeaning one another, violence/media bullying services for students to report bullying and cyberbullying so they feel safe. Miss Ajeng.

By developing a good digital media culture, students will understand healthy and positive interactions in cyberspace. This can help prevent cyberbullying and minimize the risk of the negative effects of social media. In addition, it is also very important to align media disciplines without undermining one another. This can help build self-confidence and a sense of security in students so that they feel comfortable reporting incidents of cyberbullying that happen to them. Media services that enable students to report cyberbullying are also important to ensure students feel safe and are able to take appropriate action if they experience cyberbullying. A good reporting system can help identify incidents of cyberbullying that have occurred so that appropriate action can be taken to address them.

How to apply PPKn values to prevent cyberbullying

Having ethics in social media and responsible internet use, as well as learning about the dangers of cyberbullying and how to avoid it, must be taught regularly. In addition, it is important to teach students how to recognize cyberbullying and what to do if they or their friends become victims. Give directions about social media, and tell if everything you do has its own responsibilities and risks, when we do bad things on social media, we must be prepared for all situations and threats of punishment if proven guilty, especially since Indonesia is a country of laws that where every action has its Constitution. Jasmine.

Digital ethics and responsible internet use, including the dangers of cyberbullying and how to avoid it, should be taught regularly. In addition, it is important to teach students how to recognize cyberbullying and what to do if they or their friends become victims. The strategy that I do is by inserting a number of things regarding cyberbullying in terms of examples and sanctions that will be received and I also always warn if there are students who are caught doing racist/bullying things even in a joking contest. Miss Diana. With the implementation of this strategy, it is hoped that students can understand more clearly that cyberbullying behavior is behavior that is very detrimental to many parties and students are expected to be able to help if they later meet victims of cyberbullying.

In my opinion, it is quite effective in terms of some learning materials which are also closely related to cyberbullying. Miss Ajeng. Applying Civics learning is very helpful in preventing cyberbullying. So of course Civics Learning is effective in preventing cyberbullying behavior, because in Civics there is material related to awareness of rights and obligations, in this material it is of course explained what are our rights and the rights of others and our obligation to respect them both in the real world and cyberspace and there are also Pancasila values that teach us that we must respect and appreciate the differences that exist.

Discussion

Technological developments are currently increasing rapidly and providing convenience for all members of society both in the fields of communication, economy and social (Dewi, Afifah, 2018). However, current technological developments are like two sides of a knife, because in addition to bringing positive impacts, technological developments also have

negative impacts, namely changes in behavior and attitudes, conflicting morals. As a result of conflicting morals in this era of technological advancement, one example is cyberbullying which often occurs, especially among students. Children who are addicted to social media tend to allow them to do risky things without thinking about it, such as posting inappropriate or appropriate things, making bad comments, body shaming and even cyberbullying. The phenomenon of cyberbullying is a new type of crime, when viewed from the media used, namely in the form of electronic media. Factors causing cyberbullying behavior carried out by perpetrators come from the family, themselves and also the environment (Pandie, Weismann, 2016).

Cyberbullying behavior can be carried out by anyone, both women and men, both young and old. Based on the survey results in the form of interviews, it was found that there were 19 people who had experienced cyberbullying. The forms of cyberbullying that they get or receive are from social media and online games. And in the form of insults, such as rude comments on social media and direct swearing when playing online games. Based on the results of the analysis, the average victim of cyberbullying experiences losses such as emotional instability, reduced self-confidence, depression, trauma, and some even want to commit suicide.

If you look at the data that those who receive cyberbullying treatment are on average 16-18 years old, therefore it is possible that cyberbullying actors cannot escape the influence of peer groups. Peers through their interactions influence cyberbullying behavior (Budiarti, 2016). The tendency to become cyberbullying is positively related to peers so that the higher the peer group, the higher the cyberbullying behavior (Mawardah, Ardiyanti, 2014). Therefore, the need for efforts to deal with cyberbullying from policy makers to carry out education, prevention and supervision as a basis for overcoming cyberbullying problems.

Based on the results of the interview survey, it shows that Pancasila and Citizenship Education have an important role, especially in preventing cyberbullying behavior. Because Pancasila and Citizenship Education are taught about moral values, human rights, rights and obligations of citizens and are also discussed in terms of governing law. The role of Pancasila and Citizenship Education in raising awareness about the dangers of cyberbullying is by applying Pancasila values in everyday life. Apart from that, the role of Pancasila and Citizenship Education teachers is also needed here, namely teachers can provide counseling about the dangers of cyberbullying, involving school residents and parents of students.

CONCLUSION

Current technological developments provide convenience for all levels of society, but also have negative impacts such as changes in behavior and attitudes, conflicting morals, and one example is cyberbullying. Cyberbullying can be done by anyone, both women and men, young and old, and is usually done through social media and online games. Cyberbullying cases often receive less attention from parties who do not consider it a serious problem, even though we know that cyberbullying cases have a very large impact on students' mental health because victims of cyberbullying experience losses such as emotional instability, reduced sense of trust. themselves, depression, trauma, and some even want to commit suicide. Cyberbullying perpetrators have a high risk of being involved in juvenile delinquency, therefore learning is needed to prevent these things from happening.

Based on the results of the interview survey, it was shown that Pancasila and Citizenship Education had an important role, especially in preventing cyberbullying behavior because Pancasila and Citizenship Education taught about moral values, human rights, rights and obligations of citizens and also discussed the governing law. The role of Pancasila and Citizenship Education in raising awareness about the dangers of cyberbullying is by applying

Pancasila values in everyday life. Apart from that, the role of Pancasila and Citizenship Education teachers is also needed here, namely teachers can provide counseling about the dangers of cyberbullying, involving school residents and parents of students.

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