

Sedulang Setudung Dance Learning using the Peer Tutor Method in Extracurricular Activities at SMK Unggul Negeri 2 Banyuasin Regency

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Abstract

TLearning Sedulang Setudung Dance Using the Peer Tutor Method in Extracurricular Activities at State Vocational High School 2 Banyuasin Regency. The formulation of the problem in this study is "How is the Learning of Sedulang Setudung Dance Using the Peer Tutor Method in Extracurricular Activities at State Vocational High School 2 District. From these problems, the purpose of this research is to find out the Learning of Sedulang Setudung Dance Using the Peer Tutor Method in Extracurricular Activities at SMK Unggul Negeri 2 Banyuasin Regency. The research method used in this study is a qualitative descriptive method. The object of this research is learning extracurricular dance at SMK Unggul Negeri 2 Banyuasin Regency. Data collection techniques used in this study are observation techniques, interview techniques and documentation techniques. From the results of research data that has been carried out by researchers through observation data, interview data and documentation data, it shows that the learning process of Sedulang Setudung Dance in dance extracurricular activities at SMK Unggul Negeri 2 Banyuasin goes well, students can achieve completeness in learning at the time of evaluation or evaluation. assessment of the practice of Sedulang Setudung Dance. Trainers in dance extracurricular activities always provide learning that makes students excited. although the lack of facilities such as the absence of a special room for dance and media in the learning process, it does not reduce the enthusiasm of students in participating in teaching and learning activities.

Keywords: Learning, Sedulang Setudung Dance, Extracurricular



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INTRODUCTION

Extracurricular learning activities are designed to provide learning experiences that involve mental and physical processes through interactions between students and the coaching teacher, learning environment, and other learning resources, such as according to Piaget learning is knowledge formed by individuals, because individuals interact constantly with the environment, the environment undergoes changes. With the interaction with the environment, the function of the intellect is growing. Learning is essentially a "change" that occurs within a person after performing certain activities (in Dimiyati, 2013: 13).

Cultural arts extracurricular learning is one of the lessons that always emphasizes the coaching teacher to use the right methods to support the teaching and learning process activities so that it can run as desired. Cultural arts extracurricular learning can be carried out both in intracurricular and extracurricular extracurricular learning. Extracurricular activities are activities that can be used as a forum for students who have an interest in participating in these activities. Through the guidance and training of coaching teachers, extracurricular activities can form a positive attitude towards the activities that the students participate in. Extracurricular activities that are followed and carried out by students both at school and outside of school, aim to enable students to develop their potential, interests and talents.

In connection with this explanation, it can be understood that "extracurricular activities are activities that emphasize the needs of students to add students' insights, attitudes and skills outside of class hours. The extracurricular learning that is the focus of this study is

activities outside of ordinary class hours and during school holidays that are carried out both at school and outside the school. The purpose of the extracurricular program is "to deepen and expand students' knowledge, get to know the relationships between various subjects, channel talents and interests, and complement the efforts of coaching the whole person listed in the program structure according to the circumstances and needs of the school, and specifically designed to match the factors of interest and aptitude" of students.

Preliminary observations made by researchers at SMK Unggul Negeri 2 Banyuasin showed that especially for art activities, one of them is the Sedulang Setudung dance excursion which has been running from year to year until now. The existence of this dance can be found in several school excursions in Banyuasin because the Sedulang Setudung dance is a typical dance from the local area. Then from observations, it is known that the dance extracurricular activities are still being improved because according to the dance extracurricular coach, there are still some students who have difficulty doing the dance. leaning from here, the coach conducted an evaluation, namely by changing the method in the implementation of Sedulang Setudung dance exculpatory learning at SMK Unggul Negeri 2 Banyuasin.

Furthermore, based on an interview with the exculpatory coaching teacher, the peer tutor method is suitable for use in learning this Sedulang Setudung dance extracurricular. This is because in exculpatory learning, it is not limited to observation and passion. But it also involves students to actively participate in expressive and creative movements. In this process students become skilled and courageous in expressing the dance movements taught, so it will indirectly affect the improvement of student learning outcomes.

Based on the background above, researchers are interested in conducting research on how what really happens in the extracurricular learning of dance arts taught by the coaching teacher to students at SMK Unggul Negeri 2 Banyuasin Regency in more depth. So with this, the researcher raised the title "Sedulang Setudung Dance Learning Using the Peer Tutor Method in Extracurricular Activities at SMK Negeri 2 Banyuasin Regency".

RESEARCH METHODS

Data collection in this study was carried out at SMK Unggul Negeri 2 Banyuasin III in extracurricular activities located on the Sekojo Ring Road, Kedondong Raye Village, Banyuasin III District, Banyuasin Regency, South Sumatra Province. Research methods are a scientific way to obtain data with a specific purpose and use. The method used in this study is a qualitative descriptive research method. Qualitative descriptive method means that the researcher describes research data related to the research. The descriptive method is about quotations and not numbers. This is because the descriptive method gives an overview of the presentation of data reports in this study in the form of photos, notes or memos are then presented in the form of reports straightforwardly, (Sugiyono 2014: 9).

Research techniques as one part of research are one of the very important elements. according to lof land (in Meleong, 2011: 112), the main data source in qualitative research is the words and actions of people observed or interviewed as the main data source. Data sources recorded or through video recording, tape, photo-taking or filming The main data source through interviews or observations is the result of a combined effort of seeing, listening and questioning.

RESULTS OF RESEARCH AND DISCUSSION

SMK Unggul Negeri2 Banyuasin III is a superior vocational school that was first established in Banyuasin Regency to answer the challenges that exist in the Banyuasin Regency area, namely empowering the wealth of abundant natural resources. The

establishment of this school is a policy of the Banyuasin Regency local government, in this case the District Government and the Banyuasin Education Office.

This school has been built on land owned by the Banyuasin Regency Government (Banyuasin Regent Decree No. 118/KPTS/DPPKAD/2014) covering an area of \pm 4.7 ha in the 2014 fiscal year. The determination of the establishment of SMK Unggul Negeri 2 Banyuasin III was stipulated by the Banyuasin Regent Regulation Number: 306 of 2014 dated April 17, 2014.



Figure 1. Location of SMK Unggul Negeri 2 Banyuasin III School (Documentation, Dwiki, 2022)

The implementation of learning in dance extracurricular activities at SMK Unggul Negeri 2 Banyuasin III is carried out through learning stages which include pre-learning, beginning and end activities. This research was carried out for approximately one month, based on the description of the research results that had been previously described, various information was obtained about Sedulang Setudung Dance learning activities in dance extracurricular activities at SMK Unggul Negeri 2 Banyuasin III. In the pre-learning activities of Sedulang Setudung Dance in extracurricular activities of dance arts at SMK Unggul Negeri 2 Banyuasin III, before the learning begins, the coach gives direction to the students by explaining the objectives to be achieved in learning Sedulang Setudung Dance in extracurricular activities, preparing things related to both material and learning media that will be used in learning Sedulang Setudung Dance. In the implementation of learning, the coach prepares the media and learning support compensatory. The media used for teaching is audio-visual media, which is in the form of a laptop, and speakers used for dance music accompaniment.

Furthermore, the coach motivates students in the interest of dance, invites students to warm up first by forming neat rows in an orderly manner and does not discriminate against friends when taking a line position, the coach has accustomed students to discipline in obeying existing rules and tolerance in order to be realized from the cultivation of student character. In the core activities of extracurricular learning of Sedulang Setudung Dance, the coach masters the teaching material well, the coach also gives direction to all students both individually and in groups with great attention. Students show and respond to the coach's direction, it is a manifestation of mutual respect and respect. An attitude of respect and respect is a manifestation of the character of student tolerance. Overall, the trainer's activities carry out the core activities of extracurricular learning of Sedulang Setudung Dance in the good category.

At the final activity the teacher instructed the students to return the dance equipment to its place neatly. When the coach accustoms the students to return the dance equipment, a responsible student character is formed, then the coach also habituates the students to pray and say goodbye before going home, it can be seen when the students line up one by one to shake hands with the coach, this is a manifestation of the student's respectful and polite character. Overall, the trainer's activities in carrying out the final activities of extracurricular learning of Sedulang Setudung Dance are included in the good category.

Based on the results of interviews of students who took part in extracurricular activities at SMK Unggul Negeri 2 Banyuasin III that students are happy in learning activities of Sedulang Setudung Dance even though the school facilities and infrastructure are not adequate because they have creative trainers in utilizing the practice room, the tools that exist with these extracurricular activities are they can develop their talents and creative ideas that they have, it makes students very enthusiastic to take part in learning Sedulang Setudung Dance in extracurricular activities.



Figure 2. Dance Practice Students and Teachers (Documentation, Dwiki, 2022)

Based on research from the learning results of Sedulang Setudung Dance in extracurricular activities at SMK Unggul Negeri 2 Banyuasin III, which totaled 15 students, it was said that it succeeded in the good category. This can be seen from the results of students' evaluation in learning Sedulang Setudung Dance with the use of peer tutor methods. The peer tutor method is applied to the learning of Sedulang Setudung Dance from beginning to end. The peer tutor method is the right method in learning Sedulang Setudung Dance. This can be seen in the students who are able to perform the Sedulang Setudung Dance movement by getting the overall assessment criteria well according to what is taught. In extracurricular learning of Sedulang Setudung Dance, students get the result of their experience in the form of knowledge in remembering, memorization, practice, the formation of a character of tolerance, discipline, responsibility, mutual respect, courtesy, and confidence. From the results of research on extracurricular activities of Sedulang Setudung Dance, the average student can demonstrate dance movements well.

Discussion of the results of observation data analysis, the acquisition of the results of observation data analysis can be concluded that the learning process of Sedulang Setudung Dance in dance extracurricular activities at SMK Unggul Negeri 2 Banyuasin III is going well, students can achieve completeness in learning at the time of evaluation or assessment of Sedulang Setudung Dance practice. The results of the analysis of the author's interview data concluded that the ability to absorb Sedulang Setudung Dance learning in dance extracurricular activities at SMK Unggul Negeri 2 Banyuasin III is included in the good category, Coaches on dance extracurricular activities always provide learning that makes students excited. The results of the documentation data analysis can be concluded that at SMK Unggul Negeri 2 Banyuasin III is quite good even though there are no facilities such as the absence of a special dance room and media in the learning process, but it does not reduce the number of students participating in teaching and learning activities.

CONCLUSION

Based on the results of the research obtained about "Sedulang Setudung Dance Learning Using the Peer Tutor Method in Extracurricular Activities at SMK Unggul Negeri 2 Banyuasin

Regency" is an activity carried out after intracurricular learning that emphasizes the distribution and fertilization of students' talents, interests, and potentials, especially the development of the field of dance. There are 15 students who participated in the extracurricular activities of Sedulang Setudung Dance for the 2022 school year.

This learning activity implementation remains programmatic from The preparation stage, the implementation stage, the final stage of the evaluation implementation and using various learning methods, these learning outcomes are used to fill in activities in schools and competitions held in schools and outside of school. The school's support for this activity is quite good with evidence that the school is still regularly programming dance extracurricular learning activities, and strives to complete infrastructure related to extracurricular activities of Sedulang Setudung Dance. The interest of students to participate in this activity is quite good. Meanwhile, the existing obstacles are still lacking in learning activities, tools and media to support extracurricular activities.

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